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ROTARY CLUB OF MUMBAI WEST COAST

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RI President - Stephanie A Urchick

District Governor - Rtn. Chetan Desai

Club President - Rtn. Dr. Seemaa Negi

Club Secretary - Rtn. Saurabh Patel

CNN Editor - Rtn. Machindra Borhade

President writes.....

The Magic of Rotary : A Year of Service Above Self



Dear Esteemed Rotarians,

As we journey through another month together, I am filled with immense pride and gratitude for each one of you.

The essence of Rotary, Service Above Self, is more than a guiding principle---it is a call to action that we have embraced wholeheartedly. Every act of service, no matter how small, is a step toward building a better world, and I am honored to witness the energy, passion, and commitment each of you brings to this shared mission.

Our work over the past month has reminded us of the transformative power of unity and collaboration. From community outreach projects to fellowship initiatives, we have demonstrated that when we come together with purpose, we can turn even the most ambitious dreams into reality.

But the heart of Rotary's legacy is not in resting on past successes; it is in striving continuously for new horizons. The road ahead presents us with endless opportunities to make an even greater impact. It is our collective vision and relentless drive that will shape the future. I encourage all of you to keep reaching out, innovating, and pushing boundaries. Let us aim higher, dream bolder, and work harder to lift those in need.

The true strength of our club lies in the unwavering spirit of its members. Together, we are not just participants in Rotary's mission—we are catalysts for lasting change. Let us continue to inspire, empower, and uplift each other and our communities as we forge ahead.

Thank you for your tireless dedication, and I look forward to seeing the remarkable milestones we will achieve in the coming days.

With gratitude and in service,

Dr. Seemaa Negi
President,
Rotary Club of Mumbai West Coast

The Editors' Desk



Hi, West Coasters,

As we continue our journey of service and fellowship, let us always be guided by the Rotary Four-Way Test in everything we think, say, or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

These principles remind us of our commitment to integrity, fairness, and goodwill. Let's carry these values forward in all our endeavors, as we work together to make a positive impact on our community and beyond.

Yours in Rotary Service,

Machindra Borhade
CNN Editor

Rtn. Dimple Tanwar
CNN Co-editor

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The Month That Was

4th August 2024 : Grand Finale of Vibrant Knowledge Quest at Sanjeevani World School

The Rotary Club of Mumbai West Coast proudly hosted the Grand Finale and Felicitation Ceremony of the "Vibrant Knowledge Quest" — a General Knowledge competition organized by the Rotary Club of Bombay Powai — on 4th August 2024 at Sanjeevani World School.

The "Vibrant Knowledge Quest" was an Inter-School Quiz Contest, with the Rotary Club of Bombay Powai serving as the lead host. We were honored to have District Governor Rtn. Chetan Desai as the Chief Guest for this special occasion.

This inspiring event brought together young, bright minds, highlighting the spirit of learning and healthy competition. Our club's active participation and support contributed significantly to the event's success, making it a memorable and impactful experience for all involved.



**DG. Chetan Desai Felicitates President
Dr. Seemaa Negi**

8th August 2024: Installation Ceremony of the Interact Club of Bangur Vidya Bhavan School

The installation ceremony for the new President, Aditya Chavan, and his team of Interact Club students for the year 2024-25 was held at Bangur Vidya Bhavan on 8th August 2024.

Dr. Nilima Inamdar, the Chief Guest for the ceremony, inspired the students by highlighting the importance of service and leadership.

The event was attended by approximately 70 Interact Club members, along with 15 Rotaractors and 6 Rotarians.



Chief guest Dr. Nilima Inamdar proudly inducts President Aditya Chavan



Chief guest Dr. Nilima Inamdar, President Aditya Chavan, Interact Club Members and Ro-

8th August 2024: First Aid Session for Interact Club Members at Bangur Vidya Bhavan

An informative First Aid awareness session was held for the students of Bangur Nagar Vidya Bhavan on 8th August 2024. The session was conducted on the school premises by

Dr. Nihar Thakkar and Dr. Rupali Patel, who divided the program into two batches. The doctors provided essential guidance on handling common emergencies such as burns, fractures, bleeding, and electric shocks.

A total of 750 students from 5th to 10th standards attended the session, accompanied by their teachers. As a generous gesture, Dr. Nihar and Dr. Rupali donated a First Aid Box to the school. The event was well-supported by a large number of Rotarians and Rotaractors who were present throughout the session.



Dr. Nihar Thakkar and Dr. Rupali Patel conducting First Aid session



Dr. Nihar interacts with students



Rtn. Ganesh Kadam hands over First Aid Kit to Ms. Marsha -Teacher Co-ordinator

9th August 2024 : Installation Ceremony of Rotaract Club of Ghanshyamdas Saraf College

The Installation Ceremony of the Rotaract Club of Ghanshyamdas Saraf College was held with great enthusiasm and fervor on the 9th of August, 2024, at the college premises in Malad (W). The event marked a significant moment in the college's Rotaract calendar, celebrating new leadership and reaffirming the values of service and community.

Rtn. Saurabh Patel, the esteemed Secretary of the Rotary Club of Mumbai West Coast, honored the ceremony as the Chief Guest. In his inspiring address, he highlighted the core values of Rotary and emphasized the vital relationship between Rotary and Rotaract, urging the young members to embody these principles in their endeavors.

The ceremony featured the induction of Rtr. Krrishi Mutha as the new President for the year 2024-25, along with her dynamic team of Rotaractors. This induction symbolizes a fresh chapter of leadership, dedication, and commitment to community service for the club. The new team expressed their enthusiasm and readiness to take on the challenges and opportunities that lie ahead.

The event witnessed an impressive turnout, with over 150 college students and several Rotarians in attendance, reflecting the vibrant spirit and camaraderie within the Rotaract community. The atmosphere was filled with excitement and a shared commitment to making a positive difference in society.

The Installation Ceremony was a memorable event, setting a promising tone for the year ahead for the Rotaract Club of Ghanshyamdas Saraf College. The club looks forward to a year of impactful projects, fellowship, and growth under the leadership of Rtr. Krrishi Mutha and her team.



Induction of President Krrishi Mutha



President Krrishi Mutha and her team along with Rotarians



Chief Guest Rtn. Saurabh Patel addressing the Rotaractors



9 August 2024 - Club Meeting at Trento

The monthly club meeting was held at Trento, where IPP Rtn. Mithoon Gada called the meeting to order. Rtn. Sunita Shetty provided an update on the Swarup Project, which is dedicated to supporting cancer patients.

Rtn. Reena Patel then discussed the Maharashtra Vidyalyaya E-Learning Kit initiative, followed by Rtn. Shaila Vyas, who presented the 'Digital Empowerment' project. Subsequently, Rtn. Ganesh Kadam spoke about the Project Old Age Home, and Dr. Neelam Navagare shared details about the installation of a new Interact Club.

In the latter part of the meeting, the dynamic duo of Dashing Dharmendra and Naughty Nilesh curated a memorable evening. Team Umang captivated the audience with timeless melodies of Kishore Kumar, adding a melodious touch to our Rotary journey.

The meeting concluded with Rtn. Ritu Dube proposing the vote of thanks.



Dr. Nilima Inamdar honours Umang Team Member Sandip Sonawane



Team Umang members

10th August 2024: Senior Citizen Digital Empowerment Program at Patidar Society

On 10th August 2024, our club hosted the Senior Citizen Digital Empowerment Program at Patidar Society. This initiative aimed to bridge the digital divide by equipping our senior citizens with essential digital skills for today's tech-driven world. The program was highly successful, with participants leaving with increased confidence and enhanced knowledge.

The project was chaired by Rtn. Shaila Vyas. Shreyaan Daga and his team of from OLL conducted hands on training of basic digital skills like downloading images from google and sharing them on WhatsApp, editing text on those images, using google maps, checking train and bus schedule on m-Indicator, checking out movie shows on book my show, ordering groceries on zepto and using chatgpt. The senior citizens were enthusiastic and so eager to learn. Nearly 50 senior citizens attended the event.

The program was graced by the presence of President Rtn. Dr. Seemaa Negi, Rtn. Saurabh Patel, Rtn. Ajay Balan, and Rtn. Meghana.



Seniors attending the training program



President Rtn. Dr. Seema Negi, Project Chair Rtn. Shaila Vyas and the Trainers



Project Chair Rtn. Shaila Vyas honours Shreyaan Daga

10th August 2024 : 'From Nest to Sky' –a special session for the parents at Sanjeevani World School

The Rotary Club of Mumbai West Coast recently organized a special session titled "From Nest to Sky – Bridging Beginnings," aimed at easing the transition for young children from pre-primary to primary school. Understanding that this crucial phase can be both exciting and challenging, the session focused on preparing pre-primary students for the new world of primary education while ensuring their emotional, social, physical, and psychological well-being.

The workshop provided valuable insights to parents on how to support their children during this transition, addressing common concerns and offering practical strategies to help young minds adapt smoothly to the changes ahead. Topics included fostering emotional resilience, encouraging social interaction, promoting physical development, and nurturing a positive psychological outlook.

Through interactive discussions and expert guidance, parents were equipped with the tools to create a nurturing environment that allows their children to spread their wings confidently, making the journey from nest to sky a joyful and fulfilling experience. Almost 146 students and 292 parents were the beneficiaries of this session.



A session for the parents



President Dr. Seemaa Negi, Team Sanjeevani and Rotarians



Teachers engage young children in hands on activities

11th August 2024: Distribution of Hygiene Kits at Radhika Old Age Home, Uttan

On 11th August 2024, the Rotary Club of Mumbai West Coast organized a hygiene kit distribution drive at Radhika Old Age Home, Uttan. Our members distributed essential kits containing toothbrushes, toothpaste, soaps, towels, and T-shirts to 100 residents.

Our Rotaractors from RCGSC and RCSC brought extra joy with their energetic dance and song performances, adding smiles and laughter to everyone at the Old Age Home.

We extend our heartfelt thanks to the Rotary members who sponsored the hygiene kits. Special thanks to Project Chair Rtn. Rashmi Mahajan and Community Service Director Rtn. Ganesh Kadam for their coordination with the Old Age Home and the successful organization of this event. We also appreciate the support of President Dr. Seema Negi.



Project Chair Rtn. Rashmi Mahajan, Community Service Director Rtn. Ganesh Kadam, Rotarians and Radhika Old Age Home members



Project Chair Rashmi Mahajan with old age home members



Rotaractors at Old Age Home



Rotarians in Action

12-23 August 2024: Raksha Bandhan - Bonds Beyond Borders: Honouring Our Soldiers

In a heartwarming gesture, Mrs. Fahmida Khan and her family, representing the Rotary Club of Mumbai West Coast (RCMWC), embarked on a remarkable journey to four borders—Indo-China, Indo-Bhutan, Indo-Bangladesh, and Indo-Myanmar—from 12th August to 23rd August 2024.

During this 12-day initiative, they tied 1,250 Rakhis to the brave soldiers guarding our nation, symbolizing love, solidarity, and gratitude. These Rakhis, lovingly crafted by Rotarians, Rotaractors, and students from various schools, were accompanied by handwritten messages of appreciation and respect.

The initiative, aptly named "Bonds Beyond Borders: Honouring Our Soldiers," aimed to bridge the gap between civilians and the military, offering heartfelt recognition for the sacrifices made by our soldiers. This project stands as a testament to the enduring ties of love, respect, and patriotism that unite us all, transcending borders and boundaries.



Raksha Bandhan Celebration



A project of Pride



Handwritten messages of appreciation written by Bangur Vidya Bhawan students to our brave



President Dr. Seemaa Negi and Rotarians with their handwritten messages

15th August 2024: Independence Day Celebration at Vidyaniketan Primary School, Goregaon

On 15th August 2024, our club celebrated Independence Day at Vidyaniketan Primary School, Goregaon. Secretary Rtn. Saurabh Patel hoisted the flag, and following the flag-hoisting ceremony, club members distributed school uniforms to all the students.

On this special day, we also launched our year-long project, Swaroop - Hair Donation Drive for Cancer Patients. The response has been overwhelming, with generous contributions from our members. We extend our gratitude to everyone who donated their hair and to those who plan to contribute in the future. Rtn. Sunita Shetty is the Project Chair for this initiative.



20th August 2024: SwiftShield: Empowering Teachers with Quick Self-Defense Techniques - a workshop for teachers

The Rotary Club of Mumbai West Coast proudly organized a transformative session titled "SwiftShield: Empowering Teachers with Quick Self-Defense Techniques" at Sanjeevani World School, Dahisar on 20th August 2024.

This essential workshop aimed to equip educators with practical self-defense skills to ensure their safety and confidence in any situation. The session was led by expert trainers who focused on teaching quick and effective defense techniques that can be applied in real-life scenarios.

Participants were guided through a series of interactive exercises, emphasizing situational awareness, defensive maneuvers, and strategies to defuse potential threats. The techniques were designed to be easily remembered and executed, providing teachers with a powerful toolkit for personal safety.

The Rotary Club of Mumbai West Coast remains committed to supporting the community by organizing such impactful initiatives, fostering an environment where educators feel empowered, secure, and prepared to protect themselves and their students. This session was a significant step towards enhancing the overall well-being of our educators. Almost 220 teachers attended this workshop.



Secretary Rtn. Saurabh Patel and Club members celebrating Independence Day program with Vidyaniketan Primary School students and teachers



President Dr. Seema Negi with educators learning self-defense techniques

22 August 2024: 'Teens in Transition: Navigating Puberty with Confidence' - Workshop*

Under the auspices of the Rotary Club of Mumbai West Coast, the "Teens in Transition: Navigating Puberty with Confidence" workshop was held at Sanjeevani World School on 22nd August 2024. The workshop was designed to empower young students as they navigated the complex journey of adolescence, providing a safe and supportive environment where teens could learn about the physical, emotional, and social changes that accompany puberty.

Through interactive sessions, expert guidance, and open discussions, participants gained essential knowledge about their developing bodies, the importance of self-care, and the significance of making informed decisions. The workshop encouraged confidence and self-awareness, equipping teens with the tools they need to manage this pivotal stage of life with resilience and positivity. By fostering open dialogue and providing accurate information, the Rotary Club of Mumbai West Coast supported the holistic development of today's youth, ensuring they transition into adulthood with a strong foundation of knowledge and self-assurance.



Sanjeevani World School students attending the workshop

23rd August 2024: Rotary Meeting at Trento, Goregaon

Our monthly club meeting was held at Trento, Goregaon, on 23rd August 2024. The meeting was called to order by President Dr. Seema Negi. Following the opening, Dr. Neelam Navgare presented a report on the work accomplished by our club and spoke about the ongoing CSR project.

Subsequently, Rtn. Nilesh Vedant briefed the members about the Nation Builders Award.

The meeting concluded on a delightful note with a surprise organized by the "Awesome Twosome," Rtn. Dharmendra and Rtn. Nilesh. The surprise was an energizing laughter session conducted by the renowned Subhash Kabra Ji, which left everyone with smiles and fond memories.

The vote of thanks was proposed by Rtn. Reena Patel.



Dr. Nilima Inamdar felicitates Mr. Satish Kabraji

24th August 2024: GeoQuest – A Journey Through Earth and Beyond

The Rotary Club of Mumbai West Coast proudly presents "GeoQuest," a series of student-led projects focused on fostering environmental awareness, community development, and global understanding. These initiatives, held on 24th August 2024 at Maharashtra Vidyalaya English Medium School, spanned multiple grades and covered critical topics such as water conservation, animal shelters, pollution, agriculture, and economic development.

covered critical topics such as water conservation, animal shelters, pollution, agriculture, and economic development.

Through hands-on learning experiences, students explored the solar system, understood India's diverse geography, and delved into the complexities of human settlements and natural phenomena. Each project was thoughtfully designed to inspire young minds to think critically about the world around them, promote sustainable practices, and encourage social responsibility.

By participating in these initiatives, students not only enhanced their academic knowledge but also developed leadership skills and a deep sense of community service. These projects align with Rotary's commitment to education and sustainability, empowering the next generation to make a positive impact on their communities and the world.

Rtn. Rashmi Mahajan served as a jury member for the event, bringing her expertise and insights to the evaluation process.



Rtn. Rashmi Mahajan judges the projects at the exhibition centre

24 August 2024: Installation Ceremony of Rotaract Club of Mumbai Sky City, Borivali

The Installation Ceremony of the Rotaract Club of Mumbai Sky City took place on 24th August 2024 at 11 Club, Down-Town Dive, Eksar Village, Borivali. Youth Director Rtn. Meghna Kushte was the Guest of Honour. During the ceremony, President Kartik Sharma was inducted by Rtn. Meghna Kushte.

In her speech, she congratulated the outgoing President, Nirav Joshi, and his team for their remarkable work. The event was also graced by President Dr. Seema Negi. Rtn. Rajesh Kushte, Rtn. Ganesh Kadam, and several Rotaractors were present at the occasion.

The vote of thanks was proposed by Rtn. Reena



Rtn. Meghna Kushte inducts new President Kartik Sharma



President Dr. Seema Negi along with members of Rotaract Club of Mumbai Sky City at the installation ceremony

25th August 2024: Self-Defense Training Session

The Rotary Club of Mumbai West Coast organized "Defend Yourself: Confidence in Action," a self-defense workshop held in Oshiwara on 25th August 2024. The event aimed to empower individuals with the skills and confidence needed to protect themselves in various situations.

Led by Master Trainer Harish Barla and his team of four experienced colleagues, the workshop provided practical, hands-on training in essential self-defense techniques, emphasizing both physical and mental preparedness. A total of 180 girls and boys participated, learning to assess risks, respond effectively, and defend themselves using simple yet powerful strategies. The sessions were designed to build confidence, enhance awareness, and foster a sense of empowerment among attendees.

This workshop catered to both beginners and those looking to refine their skills, offering a supportive environment to practice and master self-defense. The Rotary Club of Mumbai West Coast remains committed to community safety and personal empowerment, and this initiative reflects our dedication to equipping individuals with the tools needed to stay safe and secure in an unpredictable world.



Rtn. Rashmi Mahajan, self defense trainees and their trainers at Oshiwara Workshop



Rtn. Rashmi Mahajan felicitates self-defense trainers



Self Defense Demonstration

25th August, 2024: Gen Z Unplugged: Decoding the Digital Natives - A Session for Parents.

The Rotary Club of Mumbai West Coast successfully hosted a session for parents titled 'Gen Z Unplugged: Decoding the Digital Natives' at Sanjeevani World School, Dahisar on 25th August 2024. The session, led by Dr. Seemaa Negi, provided valuable insights into understanding Generation Z, a generation deeply immersed in the digital world.

Parents gained knowledge about the unique characteristics, values, and behaviors that define this tech-savvy generation. The discussion explored the influence of social media, digital communication, and the rapid technological advancements shaping Gen Z's worldview.

Key challenges faced by parents in guiding their children through the complexities of online life were also addressed. The session emphasized fostering healthy relationships and encouraging real-world experiences while navigating the digital realm.

With nearly 52 participants attending, the session successfully bridged the generational gap, equipping parents with the tools to connect more effectively with their Gen Z children and support them in navigating the ever-evolving digital landscape.

26th August 2024: Divine Harmony – Joyful Janmashtami at Sanjeevani World School

The Rotary Club of Mumbai West Coast joyously celebrated Janmashtami with 1,836 students, aged 2.5 to 15 years, under the theme "Divine Harmony – Joyful Janmashtami." The celebration took place on 26th August 2024 at Sanjeevani World School, Dahisar.

This grand event was a vibrant display of devotion and unity, bringing together children from diverse backgrounds to immerse themselves in the festive spirit of Lord Krishna's birth. The celebration featured traditional activities such as Dahi Handi, devotional songs, and dance performances, all aimed at instilling the values of love, faith, and cultural heritage in young minds.

The vision behind this celebration was to foster a sense of community, cultural appreciation, and spiritual growth among the younger generation. By engaging students in this collective festivity, the Rotary Club of Mumbai West Coast sought to create lasting memories while reinforcing the importance of harmony, joy, and togetherness in society.

This event truly embodied the spirit of Janmashtami, where divine energy and youthful enthusiasm merged to create an unforgettable experience for all involved.



Joy, devotion, and togetherness as students and teachers celebrate the spirit of Janmashtami at Sanjeevani World School



Dr. Seemaa Negi immersed in the vibrant Janmashtami celebrations at Sanjeevani World School

28th, 29th, 30th August 2024: Stellar Explorers – Space Camp for Young Minds

The Rotary Club of Mumbai West Coast, in collaboration with the Antariksh Society, proudly organized "Stellar Explorers: Space Camp for Young Minds," an inspiring and educational event designed to spark young students' curiosity about the wonders of space. During the camp, participants explored the intriguing realms of astronomy and space science, creating their own paper satellites and rockets. The excitement soared as students launched their paper rockets, experiencing firsthand the principles of aerodynamics and propulsion.

In addition to these hands-on activities, the young explorers navigated simulated space environments, uncovering the challenges and mysteries of space exploration. Through engaging workshops and interactive sessions, they gained a deeper understanding of the universe, fostering a passion for science and technology. "Stellar Explorers" aimed to empower the next generation of space enthusiasts, encouraging them to dream big and reach for the stars, all while building a foundation of knowledge and creativity.

Nearly 935 students participated in the camp, which was held at Sanjeevani World School, Dahisar, on the 28th, 29th, and 30th of August.



Exploring the universe one discovery at a time at Sanjeevani World School's Space Camp



President Dr. Seemaa Negi with students and teachers at Stellar Explorers - Space Camp

31st August 2024: Board of Directors Meeting

The Board of Directors meeting took place on 31st August 2024 at the residence of President Dr. Seemaa Negi. During the meeting, significant issues were discussed, and each director presented their respective projects and programs.

Mark Your Calender

	SUN	MON	TUE	WED	THU	FRI	SAT
09 September	1 Free Presentation at IV College	2 Sanjeevani World School - inauguration of its new library	3 Gangotri skill seeking workshop - Sanjeevani World School - 5th September	4 Gangotri skill seeking workshop - Sanjeevani World School - 5th September	5 Friedrich Day celebration - Sanjeevani World School	6	7
Basic Education & Literacy	8 Anaemia Detection Camp - Sanjeevani World School - 8th September	9	10	11	12	13 Club Meeting in person (Offline)	14 Pull up Challenge competition with the Indian School of Calicut
Dates to Remember	15	16	17	18	19 ICSS - Duration of 7 hours in 3 days - 19th, 20th, 21st September	20 ICSS Principals Meet - 20th September	21
1 2 3 4 5 8 13 14	22	23	24	25	26	27	28 Harbor Builder Award to the India Education Clubbed with club meeting
20 28 30	29	30					

Recognitions

Heartiest congratulations, PDG Dr. Bal Inamdar Sir !



PDG Dr. Bal Inamdar delivered an inspiring talk on the 'Bermuda Triangle of Rotary' at the District Membership Seminar in Kota on 13th August 2024. Sir, your insights continue to motivate and inspire us.

Congratulations Dr. Nilima Inamdar !



Dr. Nilima Inamdar gave a talk on Anaemia and Thalassemia at Ritumbara college, Juhu on 24 August 2024.



Dr. Nilima Inamdar interacting with students

Congratulations President Dr. Seemaa Negi on being a moderator at the conference!



Birthdays and Anniversaries

August

Anniversaries

29 Rtn. Vinita Vanjani and Rtn. Govind Vanjani

Birthdays

3 - Rtn. Anjali Karandikar

4 - Dr Dattaben Shah

12 - Dr. Neelam Navgare

26 - Rtn. Tejinder Kaur Kandhari

28 - Rtn. Vishal Mundra



Special Feature



Digital Empowerment Project for Senior Citizens

On August 10th, 2024, I had the privilege of serving as the Chairperson for a truly remarkable initiative—our Digital Empowerment Project for Senior Citizens. The event was held at Patedar Hall, where we were fortunate to have five dedicated trainers to guide our senior participants.

As I entered the hall, I was warmly welcomed by a room full of enthusiastic senior citizens, all eager to begin their digital training. The anticipation in the room was palpable, and it was clear that everyone was ready to embrace this new learning opportunity.

As the session commenced, I found myself moving from one chair to another, helping participants download new apps on their smartphones. Despite the fact that 80% of them were unfamiliar with the process, their enthusiasm to learn was unwavering. Many of their phones were outdated, and the slow internet speed made the process challenging, but their determination was truly inspiring.

It was particularly touching to see how eager the ladies were to learn about apps like Uber, Zepto, and m-Indicator, and how to share pictures on WhatsApp. It was as if they were excited to go home and show their grown-up, busy children that they, too, could book an Uber, buy movie tickets, or order groceries online. They seemed to be proving to themselves and others that they could keep up with the digital age.

The joy on their faces and their eagerness to learn something new was a gift they were giving to themselves. The experience was truly heartwarming and a powerful reminder of the importance of lifelong learning.

During the felicitation, a former member of the Senior Citizen Club, who was over 70 years old, came forward and boldly shared that although he had been listening to the trainers throughout the session, he hadn't understood much. Yet, he admitted with innocence that he hadn't been bored at all. His sincerity and openness were both touching and a testament to the positive energy in the room.

In today's world, digital awareness is increasingly important, particularly for senior citizens. Understanding how to use technology, such as video calling, can help them stay connected with loved ones, regardless of distance. In a medical emergency, knowing how to access healthcare services online can make a significant difference by ensuring timely assistance and accurate information.

Embracing these digital tools not only enhances safety and convenience but also enriches everyday life, making it easier to stay informed and engaged. Seniors should know how to take and share videos or photos in case of emergencies, participate in Zoom meetings with family and friends, and use net banking for their financial needs.

Rtn. Shaila Vyas
Director Membership
(2024-2025)

Success, Thy Name Is Rotarian



Sangeeta Chauhan
(Life Coach)

Dear Rotarians,

My name is Sangeeta Chauhan, and I proudly joined the Rotary Club of Mumbai West Coast in 2012, though my connection with Rotary began much earlier during my college days. I participated in various activities organized by my hometown Rotary Club and later became a member of the Inner Wheel Club, an organization for Rotarians' spouses.

I was raised with strong values—honesty, kindness, and commitment—which have always driven me to serve others. My parents, who taught me to live joyfully regardless of life's challenges, are my greatest inspiration.

Throughout my academic journey, I was a bright and versatile student, excelling in both academics and extracurricular activities. After completing my graduation in Physics, I married Rtn. Rajendra Chauhan, a dedicated businessman and a loving partner. We are blessed with three beautiful children—Samruddhi, Manushree, and Prayan—who enrich my journey as a mother.

While fulfilling my roles as a wife, mother, and daughter brought me great happiness, I felt a deeper calling to discover my true purpose.

This quest led me to become a life coach, where I now help women find their own purpose, respect, and identity. I believe that when a woman is truly happy, she spreads that joy to her family and beyond, contributing to a better world.

This passion inspired me to establish the 'DIVINE DIVAS HUB,' a community where women feel loved, heard, and empowered. The larger vision of this hub is to create a movement of empowered women who can strengthen Indian families.

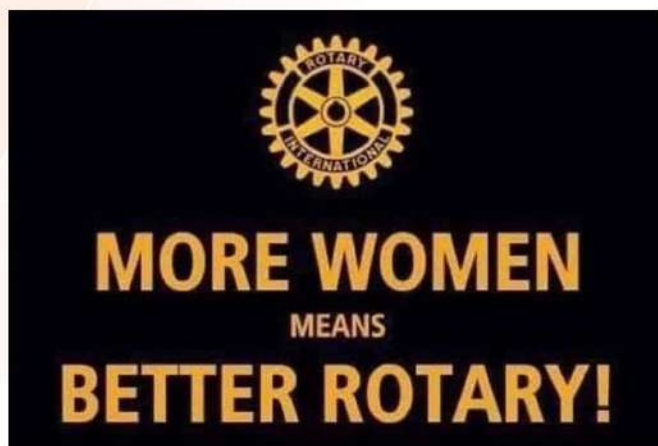
Rotary has played a pivotal role in developing my leadership skills. I had the honor of serving as the 26th President of the Rotary Club of Mumbai West Coast during the 2022-23 term. It was a transformative year, filled with the love and trust of my fellow Rotarians. I am deeply grateful for the growth and experiences I gained during this time.

Now, I am fully committed to a larger vision, supported by universal energy, to continue this important work for the betterment of the world.

The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.

– Ralph Waldo Emerson

Rotary Stories



1950

An enactment to delete the word “male” from the Standard Rotary Club Constitution is proposed by a Rotary club in India for the Council on Legislation meeting at the 1950 Rotary Convention.

1964

The Council on Legislation agenda contains an enactment proposed by a Rotary club in Ceylon (now Sri Lanka) to permit the admission of women into Rotary clubs. Delegates vote that it be withdrawn. Two other proposals to allow women to be eligible for honorary membership are also withdrawn.

1972

As more women begin reaching higher positions in their professions, more clubs begin lobbying for female members. A U.S. Rotary club proposes admitting women into Rotary at the 1972 Council on Legislation.

Three separate proposals to admit women into membership are submitted to the Council on Legislation for consideration at the 1977 Rotary Convention. A Brazilian club makes a different proposal to admit women as honorary members.

The Rotary Club of Duarte, California, USA, admits women as members in violation of the RI Constitution and Standard Rotary Club Constitution. Because of this violation, the club's membership in Rotary International is terminated in March 1978. (The club was reinstated in September 1986.)

1980

The RI Board of Directors and Rotary clubs in India, Sweden, Switzerland, and the United States propose an enactment to remove from the RI and club constitutions and bylaws all references to members as “male persons.”

In a lawsuit filed by the Duarte club, the California Superior Court in 1983 rules in favor of Rotary International, upholding gender-based qualification for membership in California Rotary clubs. In 1986, the California Court of Appeals reverses the lower court's decision, preventing the enforcement of the provision in California. The California Supreme Court refuses to hear the case, and it is appealed to the U.S. Supreme Court.

1987

On 4 May, the U.S. Supreme Court rules that Rotary clubs may not exclude women from membership on the basis of gender. Rotary issues a policy statement that any Rotary club in the United States can admit qualified women into membership.

The Rotary Club of Marin Sunrise, California (formerly Larkspur Landing), is chartered on 28 May. It becomes the first club after the U.S. Supreme Court ruling to have women as charter members.

Sylvia Whitlock, of the Rotary Club of Duarte, California, becomes the first female Rotary club president.

1988

In November, the RI Board of Directors issues a policy statement recognizing the right of Rotary clubs in Canada to admit female members based on a Canadian law similar to that upheld by the U.S. Supreme Court.

1989

At its first meeting after the 1987 U.S. Supreme Court decision, the Council on Legislation votes to eliminate the requirement in the RI Constitution that membership in Rotary clubs be limited to men. Women are welcomed into Rotary clubs around the world.

1990

As of June, there are about 20,200 female Rotarians worldwide. The Rotarian runs a feature on women in Rotary.

1995

In July, eight women become district governors, the first elected to this role: Mimi Altman, Gilda Chirafisi, Janet W. Holland, Reba F. Lovrien, Virginia B. Nordby, Donna J. Rapp, Anne Robertson, and Olive P. Scott.

2005

Carolyn E. Jones begins her term as the first woman appointed as trustee of The Rotary Foundation.

2008

Catherine Noyer-Riveau begins her term as the first woman elected to the RI Board of Directors.

2012

Elizabeth S. Demaray begins her term as RI treasurer, the first woman to serve in this position.

2013

Anne L. Matthews begins her term as the first woman to serve as RI vice president.

2019

Brenda Marie Cressey begins her term as the first woman to serve as vice-chair of The Rotary Foundation. In April-June 2019 she serves as chair of the Foundation, the first woman appointed to this role.

2022

Jennifer Jones begins her term as the first female president of Rotary International.

BASIC EDUCATION AND LITERACY MONTH



Basic education and literacy is one of the areas of focus for The Rotary Foundation. Rotary's goals include:

Access: Ensuring that everyone has access to basic education and literacy

Adult literacy: . Increasing adult literacy in communities

Gender disparity: Reducing gender disparity in education

Career studies: . Supporting studies for professionals related to basic education and literacy

Community support: Strengthening communities' ability to support basic education and literacy

Sangkoo Yun is selected to be 2026-27 Rotary International president



Sangkoo Yun, of the Rotary Club of Sae Hanyang, Seoul, Korea, is the selection of the nominating committee to become Rotary International's president for 2026-27.

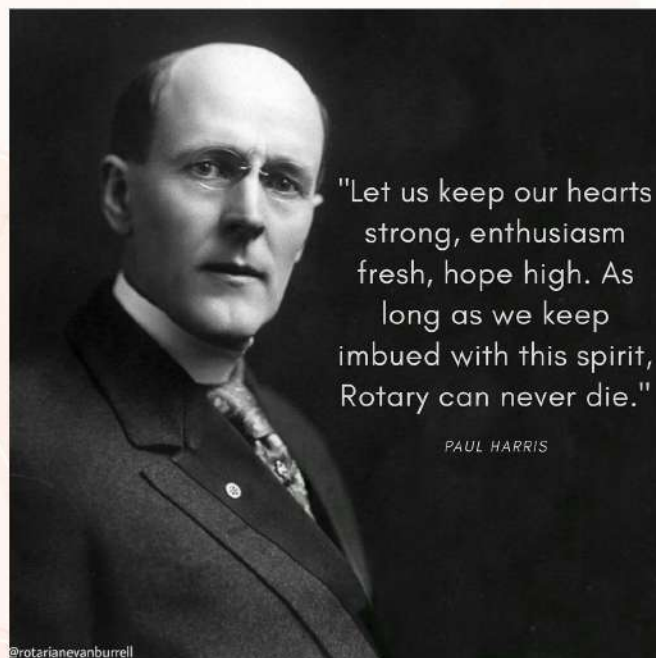
He will be officially declared the president-nominee on 15 September if no other candidates challenge him.

Yun received his bachelor's and master's degrees from the Syracuse University School of Architecture in the U.S. and an honorary doctoral degree from The University of Edinburgh, Scotland. He is the founder and CEO of Dong-suh Corp., which engineers and markets architectural materials, and the president of Yungan Corp., which operates in real estate and financial investment. He is involved in many civic organizations and has a special interest in the preservation of cultural heritage.

A Rotary member since 1987, when he was a charter member of the Rotary Club of Sae Hanyang, Yun has served Rotary International as a director, trustee, committee member and chair, and RI learning facilitator. He served for eight years as co-chair of the Keep Mongolia Green Project, by Korean members of Rotary. His RI committee roles include the Board Administration Committee (2013-15, vice chair 2014-15), the International Assembly Committee (vice chair, 2020-21), and the End Polio Now Countdown to History Campaign Committee (regional vice chair, 2023-27). He also served on The Rotary Foundation's Executive Committee (2019-22, chair 2020-21) and Programs Committee (2019-22, chair 2020-22).

Yun received The Rotary Foundation's Distinguished Service Award in 2021-22. He was appointed an Officer of the Most Excellent Order of the British Empire by Queen Elizabeth II, awarded the Friendship Medal by the president of Mongolia, and recognized for distinguished services by the president and prime minister of Korea. He is a veteran of the Republic of Korea Army and an emeritus elder at Andong Presbyterian Church.

Yun and his spouse, Eunsun, are Rotary Foundation Benefactors, Major Donors, and members of the Arch Klumph Society, the Paul Harris Society, and the Bequest Society. They have two children.



THANK
YOU